





# OCTOBER 2011 TOMBALL COMMUNITY CENTER

DETAILS ON  
BACK COVER



Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>POTLUCK</b> 3</p> <p>Walking 8am Exercise/Adv 9am Sr. Meeting 10am Games 9:30am Adv. Bridge 12:30pm</p> 	<p>4</p> <p>Quilting 9am Game time 9am Line Dancing 1pm Games 1pm</p> 	<p>5</p> <p>NO Walking NO Exercise/Adv. Games -C 9:30am <u>City Secretary 9-3</u> <u>Room A</u> NO Rotary Games 12:30pm</p>	<p><b>Chick-fil-z!</b> 6</p> <p><u>**Bus** 8:30am</u> Pinochle 9am Zumba 10am <u>**50+luncheon**</u> <u>**Bus** 12:45pm</u> Dancercise 1pm</p>  	<p>7</p> <p>Walking 8am Exercise/Adv 9am Games 9:30am Hand-n-foot 12:30pm TAL 2-4pm</p>	
<p>10</p> <p>Walking 8am Exercise/Adv 9am Games 9:30am Adv. Bridge 12:30pm</p> 	<p>11</p> <p>Game time -C 9am <u>**Romeo's** 9:30am</u> LaLeche - B 10:30am Line Dancing 1pm <u>New Class-A 2pm</u> Games 1pm</p>  	<p>12</p> <p>Walking 8am Exercise/Adv. 9am Games 9:30am Rotary 1pm Games 12:30pm</p>	<p>13</p> <p><u>**Pct 4 8:30am**</u> Pinochle 9am Zumba 10am Dancercise 1pm</p>  	<p>14</p> <p>Walking 8am Exercise/Adv 9am Games 9:30am <u>AARP noon-4 B</u> <u>NO Hand-n-foot</u></p>	
<p>17</p> <p>Walking 8am Exercise/Adv 9am Games 9:30am Adv. Bridge 12:30pm</p> 	<p>18</p> <p><u>CITY HR 5-NOON</u> <u>ALL ROOMS</u> <u>NO Morning games</u> <u>NO Line Dancing</u> Games 1:30pm</p>	<p>19</p> <p>Walking 8am Exercise/Adv. 9am <u>**Class** 9:30am</u> Games-rm C 9:30am <u>**Bingo** 10am</u> Rotary 1pm Games 12:30pm</p>	<p><b>Chick-fil-z!</b> 20</p> <p><u>**Bus** 8:30am</u> Pinochle 9am Zumba 10am <u>**50+luncheon**</u> <u>**Bus** 12:45pm</u> Dancercise 1pm</p>  	<p>21</p> <p>Walking 8am Exercise/Adv 9am Games 9:30am Hand-n-foot 12:30pm</p> 	
<p>24</p> <p>Walking 8am Exercise/Adv 9am Games 9:30am Adv. Bridge 12:30pm</p> 	<p>25</p> <p><u>**Juliet's 9am**</u> Game time 9am Line Dancing 1pm Games 1pm</p> 	<p>26</p> <p>Walking 8am <u>**Bus** 9am</u> Exercise/A dv. 9am Games 9:30am Rotary 1pm Games 12:30pm</p>	<p>27</p> <p><u>City HR All Rooms</u> <u>7-4pm</u> NO Pinochle/Games NO Zumba NO Dancercise</p>	<p>28</p> <p>Walking 8am Exercise/Adv 9am Games 9:30am Hand-n-foot 12:30pm</p> 	
<p>31</p> <p>NO Walking/Exercises <u>50+ PARTY 10am</u> Adv. Bridge 12:30pm</p>  				<div style="border: 1px solid black; border-radius: 15px; padding: 10px; text-align: center;"> <p>Don't forget to wear your COSTUME!</p> </div>	

# Come Fall Into Step With Us!

- 6<sup>th</sup> - The Center's bus will depart at 8:30am for those **50+** of age to head over to the Chick-Fil-A for a morning of fun. Please call or come by to register.
- 6<sup>th</sup> - **50+ luncheon** will be \$5.00 and served at 11:45am. We will have homemade sub sandwiches, chips and dessert. The deadline is October 3<sup>rd</sup>.
- 6<sup>th</sup> - The Center's bus will depart at 12:45pm to head over to the College for a 2 hour class for 50+seniors. Please call or come by to register in the office. **Must have 10 riders.**
- 11<sup>th</sup> - Romeo's will be leaving at 9:30am to tour Environmental Designs and return by 2pm. Lunch on your own at the Burger Girl. Trip is **FREE.**
- 11<sup>th</sup> - **"Movement Memories"** is a new class starting at 2pm. All are welcome to share and participate in a class dedicated to moving and creating movement. Based on memories , stores and travel the choreography will be a collaboration of all. It is a great way to get a little exercise while expressing one's self.
- 13<sup>th</sup> - **50+ Pct 4** will depart at 8:30 am to enjoy tours of the Lake Jackson Historical Museum and Sea Center and the cost is \$4.00. Lunch on your on at Ryan's. We will return around 4p.m.
- 14<sup>th</sup> - There will be a defensive driving class in **room B** beginning at noon sharp. You must be past your 50th birthday, have a valid driver's license, and have **NO** outstanding traffic violations. The cost is \$12.00 for AARP members and \$14.00 for non-members.
- 19<sup>th</sup> - Starting at 9:30am in Room B, there will be a class on "Education on Rheumatoid Arthritis". You will learn the signs, symptoms and causes. Come and enjoy a cup of coffee and a bagel with us.
- 19<sup>th</sup> - The Center's bus will depart at 10am to play bingo in Conroe. You must be **8+ years** to enter Bingo Hall. Please call or come by to reserve you seat on our bus. Don't forget to bring an utility bill that's unpaid for a chance to get it paid up to \$250.00. Call or come by to register.
- 20<sup>th</sup> - The Center's bus will depart at 8:30am for those **50+** of age to head over to the Chick-Fil-A for a morning of fun. Please call or come by to register.
- 20<sup>th</sup> - **50+ luncheon** will be \$5.00 and served at 11:45am. We will serve baked chicken, black eyes peas, mash potatoes, corn bread and dessert. The deadline is October 14<sup>th</sup> .
- 20<sup>th</sup> - The Center's bus will depart the Center at 12:45pm to head over to the College for a 2 hour class for 50+ seniors. Please call or come by to reserve your seat on our bus. **Must have 10 riders.**
- 25<sup>th</sup> - Juliet's will be leaving at 9 am to enjoy the Holiday Market that is sponsored by Kingwood Women's Club at the Humber Civic Center. General admission is \$8.00. Lunch on your own at Cheddars. We should return around 3pm.
- 26<sup>th</sup> - The City's bus will depart at 9am to tour the Liendo Plantation and return around 2:30pm. Lunch on your own at Carl's Bar-B-Que. Cost is \$6.00 and we **MUST HAVE 20 FOR GROUP TOUR.**
- 31<sup>st</sup> - The staff will host a Fall Festival for those **50+ at 10am** that would like to come out and have chili cheese hot dogs to nachos, the works and lots of games for \$5.00. Please come dress in your favorite costume. Prizes will be given out and booths to play. We will have a "Mummy" contest to a costume contest, so come join in the fun. **October 18<sup>th</sup>** is the dead line , no excuse due to the staff's preparation .

Website: [www.ci.tomball.tx.us](http://www.ci.tomball.tx.us)

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Wanda Sutton - Manager

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